

BRITISH MASTERS WEIGHTLIFTING

QUALIFICATION PROCEDURE FOR BRITISH MASTERS CHAMPIONSHIPS

General

1. Lifters must comply with the IMWA Anti-Doping Statement and Anti-doping Policy.
2. To be eligible for consideration of selection for British Championships; lifters shall be a resident of the United Kingdom for one year.
3. Masters weightlifting will be run according to the IMWA Masters Rulebook; the current rulebook approved by Congress can be found on the Europeanmasterswl.com and IMWLA.com website.
4. The British Masters has secured insurance to cover championships, and this will involve a small increase in the entry fee. The increase will also cover the costs of running the website.
5. **Please see the qualification totals list below this document**
6. The classification of age categories for BMWL Championships is defined in Table 1 list below this document. Athletes can only compete in the year they turn 35

APPLICATIONS

1. Entry forms will be through the British Masters website only. **No refunds will be given.**
2. The athlete must achieve the qualifying total for the respective bodyweight categories which they wish to lift in, at an official event at least 8 weeks prior to

the intended British championship. The Qualifying Total (Appendix 1) **must be achieved after the previous the Official British Masters Championship**. The previous year's British Masters Championship totals can't be used for this year's Championship.

3. A lifter may qualify in a bodyweight category, but may move to higher category provided that he or she has achieved the qualifying total of that higher category provided they inform the General Secretary seven (7) days before the Championships. **See IMWA Masters rulebook**. Lifters who wish to move down a weight category must inform the General Secretary seven (7) days before the Championships.

Competitions for Selection to British Championships.

1. The BMWL will recognise all competitions for qualification purposes provided **three referees** were present to adjudicate.

Competition Weigh in

1. All competitors must present proof of age (birth certificates, passports, driving license etc)
2. No medals will be awarded to any lifter who does not achieve their qualification total.

Contacts:

For all contacts refer to the BMWL website:

Chairman	Mark Beck	
General Secretary	Chris Baker	
Treasurer	Steve Cannon	
Technical Secretary	Chris Baker/Simon Lynch	
Co-opted	Amanda Craig	
Co-opted (website manager)	Bill Barton/ Terry Baker	