

**2016 World Masters Weightlifting Championship**  
**Heinsheim, Germany**  
**1<sup>st</sup> – 8<sup>th</sup> October 2016**

**Championship Report**

This was the biggest ever championship held in the history of weightlifting, with an entry of 962 competitors and an actual 880 actually competed. With a wonderful organisation and great support from all the Masters who participated the championship ran exceedingly smooth from start to finish. Thanks to all those Technical Officials who volunteered their services over the 8 days (and mostly in advance of the championship) we had the three referees, a Technical Controller, and a three person jury for all 49 sessions of weightlifting.

The Heinsheim Organising Committee led by Martina Dosquet and Ralph Fein had over 100 volunteers to help, this is an incredible achievement in itself and contributed immensely to what was a very successful World Masters Championship.

**Report on British Masters**

With an original entry of 41 the actual number which competed was 36 and consisted of 20 women and 16 men, a clear indication in the growth of the numbers of women in Masters Weightlifting. From 36 lifters 25 medals were won and this is a considerable achievement when one considers the results and looks at the overall high standards.

Below is a list of all the GBR lifters who competed in Heinsheim and their finishing position in the age group they competed (various body weight categories). Some sessions had as many as 29 lifters competing.

**Women**

<u>Name</u>	<u>Age Grp.</u>	<u>Pos.</u>	<u>Medal</u>
Lynn Dolman	W65	1	Gold
Jean Wills	W60	2	Silver
Sue Trebillcock	W55	1	Gold
Claire Cameron	W55	3	Bronze
Victoria Man	W55	4	
Joan McManus	W50	1	Gold World Masters record
Beverley Pattison	W50	1	Gold
Trisha Forbes	W50	4	
Sandra Smith	W50	3	Bronze
Justine Davis-Hirst	W45	6	
Lynette Murad	W40	8	
Kelly Lees	W40	4	
Christine Cope	W40	4	
Sarah Reilly	W40	5	
Sarah Hilton	W35	3	Bronze
Michelle Davis	W35	5	
Linn Mayhew	W35	7	
Haylene Ryan-Causar	W35	10	
Sharon Judson	W35	5	
Helen Weavers	W35	2	Silver

**Men**

<u>Name</u>	<u>Age Grp.</u>	<u>Pos.</u>	<u>Medal</u>
Eric Dolman	M80	5	
Bill Despard	M80	3	Bronze
Jim Ferguson	M75	2	Silver
Michael Butterworth	M70	3	Bronze
Andrew Seaber	M60	1	Gold World Masters record
Patrick Atteridge	M60	4	
Bryn Jones	M55	2	Silver
Gurdawer Dhesi	M55	2	Silver
Michael Roach	M50	6	
Nick Hall	M50	4	
Mark Beck	M45	2	Silver
Carl Deasy	M40	1	Gold
Robert Hannah	M40	13	
Andrew Kearton	M35	2	Silver